

### P3 Travel Kit: An essential kit for traveler

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**Abstract:** The development of multi-purpose food equipment is an innovation idea that was sparked with the goal of allowing tourists to spend less time hunting for supplies for food preparation. Moreover, this device is a solution for visitors who want to utilize their own tools more easily. P3 Travel Kit is a product designed for travelers to make it easier for them to enjoy their food by using their own food utensils without hesitation because some of the countries that do not provide the food tools that we usually used. For this product, the researcher produced utensils travel kit using bamboo because they rarely hear a travel kit that provide a full set of eating utensils with set of dishes and this product based on green product. The purpose of this study is to explore P3 Travel Kit which an essential kit for traveler which are made from organic materials. This product is 100% produced from organic materials which is bamboo. A number of 132 questionnaires been distributed and 121 respondents among students from Politeknik Metro Betong Sarawak and local community in Betong area were fulfill the requirement in this research. Based on the findings, 54 respondents agreed with the features of the P3 Travel Kit which can used as tourism product. The acceptance of P3 Travel Kit by Betong local community that can be marketed indirectly globally and gaining recognition from tourists as well as generating an income for the local community.

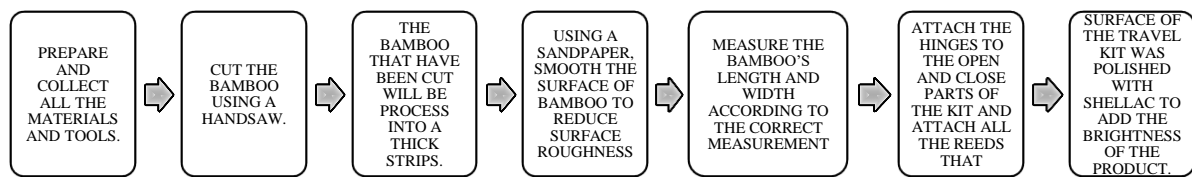
**Key words:** *Travel kit, organic material, traveler, bamboo*

#### 1.0 Introduction

Various tools are employed to make things easier in the development of this smart and developed country. The development of multi-purpose food equipment is an idea and innovation that was sparked with the goal of allowing tourists to spend less time hunting for supplies for food preparation. Moreover, this device is a solution for visitors who want to utilize their own tools more easily. Apart from that, this material's products are also comprised of lightweight materials that are easy to find and transport. All people in this world need travel kit to facilitate their daily days while travel. According to Jack Krier (2020), all people who traveling want to carry as little as possible to travel and lightweight things make the trip easier and more fun because doesn't need to bring a heavy thing. Travel kit are such as essential part of every trip that can reduce or eliminate unnecessary problems and can increase convenience on their trip. The best suggestion for travel kit is small, compact, and lightweight which is easy to tuck into luggage. P3 Travel Kit is made for travellers to make it easy for them to bring it anywhere for eat. The travel kit also made for the purpose of maintaining cleanliness. This is because some people don't like to share food utensils with others and provide by themselves and there some restaurants that do not care about cleanliness.

P3 Travel Kit is a product designed for travellers to make it easier for them to enjoy their food by using their own food utensils without hesitation because we know there are some countries that do not provide the food tools that we usually used. For this product, the researcher wants to produce utensils travel kit using bamboo because they rarely hear a travel kit that provide a full set of eating utensils with set of dishes and this product based on green. The reason the researcher choose bamboo as the sources of the main product because it can easier the tourist to bring their own eating utensils. According

to Matt (2019), bamboo is highly renewable extremely fast growing natural material which is make it ideal for utensils and other equipment, since it can easily produce without killing the plant. It also stated that all people know that plastic is harmful for the environment and cutting down on plastic consumption should be something every eco-conscious person takes into consideration in the decisions they make. The product name P3 travel kit is based on the Iban language from Sarawak, P3 are consist of 3 letters of the letter which the first letter p is 'Perin' which is the meaning for the word is bamboo and the second is 'Perangka' that means tools and lastly is 'Pemakai' which is food.



**Flow Chart 1:** Process of making P3 Travel Kit

## 1.1 Problem Statement

Nowadays, people can see that food utensils are mostly made from steel and plastic and the use of steel and plastic can bring harm to the environment. According to Rinkesh (2021), pollution occurs when plastic has gathered in an area and has begun to negatively impact the natural environment and create problems for plants, wildlife and even the human population. This is because plastics were made from toxic compounds which able to cause illness since the nature of plastic is not biodegradable. Diet Immarie Salazar (2021), stated that even plastics are made to be reused and they are meant to be used for only short amount of time, plastic spoons persist in landfills for hundreds of years which means it has been causing quite a lot of environmental problems. The production of steel food utensils had been negatively impacting the environment. In order to produce steel utensils, steel production requires large inputs of coke which is sort of coal that extremely damaging to the environment. Coke ovens emit air pollution such as naphthalene that is highly toxic and can cause cancer (Esben Larsen, 2021). The use of plastic and steel will be converted into bamboo to prevent the matter from becoming more widespread. In the opinion of Krunal Rajput (2019), bamboo is an environment friendly material and does not cause pollution. In the article also mention that bamboo has high tensile strength as compared to steel because of its fibre runs axially. In the article published by Xiamen Forever Rise (2017), it states that pollution will also can be reduced by planting more bamboo as the plants reduce by almost 35 % of the carbon dioxide in the atmosphere and produce more oxygen. Metal spoons are made of non-renewable sources of materials, whereas plastic spoon consist of artificial chemicals, harmful to the environment along with ceramic, porcelain and silicone spoons are neither biodegradable nor compos-

table and compared to bamboo spoons, these types of spoons are significantly less eco-friendly (Diet Immarie Salazar, 2021).

The other problem statement is some food utensils mostly inconvenient if brought to travel, pricey and have bad quality. Food utensils are sold in the market, mostly of poor quality or types that are easily broken and not durable. Food utensils that are usually used at home are usually made of silverware set and this set is a bit heavy and inconvenient to bring to travel. Plastic spoons are a popular option of utensils in daily life and it also heavy-duty than others, which makes them reusable. Despite this, even those that made to be reused but plastic spoons can retain oil and stains, so it can be difficult to wash which means they aren't as reusable as advertised. When plastic exposed to heat, they can melt and leach toxic chemicals into your food and some metal or steel spoons can leave a faint metallic taste in food, which can turn your dining experience into an unpleasant one.

Certain regions of Spain, including the Balearic Islands and Navarra, had already banned some single-use plastics (Martin Grand Jean, 2021). Seattle and Washington has ban on plastic straws and utensils in July 2018 while Washington DC followed their lead in January 2019 and other cities include Miami Beach in Florida and Malibu in California. According to Kinney Knowledge Team (2018), stainless steel equipment tends to be more expensive than other materials, such as aluminum. This is probably the most fundamental drawback of stainless-steel equipment, although it should be recalled that the resale value of stainless-steel equipment is quite high. As stated in article written by Restaurant ware UAE (2020) the bamboo utensils or flatware is much more affordable than silver utensils or flatware which means that people will be able to save money. Besides that, bamboo also can be disposable, but it is 100% biodegradable thus good for the environment. It can be using a few times before discarding them.

## **2.0 Literature Reviews**

The study showed that, there were many people has use bamboo as utensils, but they were limited and just use as decorations and the researcher were able to get through the selected materials and that products made from bamboo are very limited to obtain. This is because there are the best initiatives to reduce environmental pollution is to use green products from bamboo to make utensils in an environmentally friendly manner. Bamboo is highly versatile. It's also capable of growing in a variety of soils derived from different parent rocks, within its climatic habitats. Bamboo has also been planted on a large scale along roadsides and canals. It is also planted in degraded forest areas particularly near habitations. Furthermore, bamboo is a powerful material that is used and produced by most Chinese people living in China since bamboo has a high level of durability and strength. Bamboo is a widely used material. Furniture is made of lightweight, long-lasting rods. Young wood is also used to make baskets, toys, and mats. Plants are used to make brown bamboo paper, brushes, and special pens.

Aside from being able to make items, bamboo can also be utilized to make weather-resistant home building materials and provide a pleasant atmosphere in the home. Building a bamboo-based house as a wall is the next step, and the bamboo construction involved is never boring. However, if people want to utilize bamboo as a home wall, there are a few things to keep in mind to ensure that it is long-lasting and not easily damaged. (Suzannah Jifar, 2016). Apart from that, the researcher created this solution to lessen the negative effects on the environment, which is constantly contaminated with chemicals and rubbish that can harm the ecology. Plastic garbage that is not properly disposed of, for example, might have a negative impact on the environment. The negative consequences have polluted and polluted rivers and the sea, for example. The most obvious consequence is that marine species in the river will be harmed and eventually die. Based on previous study, John Tibbets, (2015) plastic has destroyed ecosystems, robbing impoverished communities of natural resources and of a healthy and safe living environment. First to suffer the injustice of plastic pollution are marine life living in the dumping ground of throwaway culture. Other than that, many animals eat plastic materials and die. Moreover, plastic materials clog waterways oceans, seas and lakes. 1 in 3 species of marine mammals have been found entangled in marine litter. Subsequently, steel is also a substance that can pollute the environment and have a negative impact on it. As a result, reducing the usage of iron or steel should be encouraged in order to improve and protect environmental circumstances. Then, according to (Xin Mao Cherry, 2019) there are extensive fireproofing costs involved, as steel is not fireproof. In high temperatures, steel loses its properties. Buckling is an issue with steel structures. As the length of the steel column increases the chances of buckling also increases. Based on the article in SAYS, Reuters reported that annual imports of plastic into Malaysia jumped to 450,000 to 500,000 tons in 2017 from 288,000 tons in 2016. Disposal, burial, or recycling are the three options for dealing with plastics in the waste stream. In advanced nations, disposal is used to dispose of approximately 16 percent of all municipal rubbish, which is burned in waste-to-energy facilities that use heat energy to generate steam or electricity. Plastics, which are commonly sourced from petroleum or natural gas, can generate nearly as much energy as fuel oil, even though the far higher quantity of energy necessary to manufacture the plastic is lost. Hydrogen chloride, dioxin, cadmium, and fine particle matter are all potential hazardous pollutants from incinerating plastics. Even with stricter air pollution rules in place, there is still a significant amount of pollution.

Plastic straws have been singled out for bans because of the specific environmental problem they pose. Small, light, and non-biodegradable, plastic straws can easily be swept into the ocean. They can also be consumed by fish, seabirds, and marine mammals, causing them be harm and died. Bans, restrictions and taxes on single-use plastics are coming into force across the globe. Whether action is being taken on a national or regional level, or even by individual businesses the aim is to bring about a

drastic reduction in plastic waste. In achieving this, it is hoped that we can mitigate plastic pollution and create more sustainable, greener economies.

### **3.0 Methodology**

In measuring the user's reaction for P3 Travel Kit, a quantitative survey was conducted. The number of respondents for this study is 132. The sample size determination of respondents was based on Krejcie and Morgan Table. According to Krejcie, R.V. and Morgan, D. W. (1970), because the number of populations is 230, the number of samples need to obtain is 132. This research has used total population sampling. As for sampling technique, purposive sampling was applied. The target population are from the community in Polytechnic Metro Betong Sarawak and local community residing in Betong as a target audience. Researchers has distributed the link to the respondent for 1 weeks which is from 10 November 2021- 17 November 2021, and the respondent has answered the questionnaire using google form provided. The usage of questionnaires for collected data is appropriate whereby it was less expensive to perform, less time taken for individual to answer and could simplify the work of researchers and the respondent itself. After completing the questionnaires, the researchers have collected those form the respondent and the data obtained has been analysed. As mentioned earlier, the quantitative approach has been selected for this study. Therefore, self-administered questionnaires were used as the primary data collection method. In planning the research instrument for data collection, factors such as integrity anonymity were given serious consideration.

### **3.1 Survey Instrument**

Research instrument use in this study was questionnaire. The questionnaire that researcher used for the survey instrument is the questionnaire that is adapted from <https://www.questionpro.com/blog/market-research-questions-types-best-use/> and also <https://www.surveymonkey.com/curiosity/best-questions-to-ask-for-product-development/> website. Researcher adapted this questionnaire from this website because the product that researcher did is still in developing process and not out yet to the market. This question will help to know the acceptance of the public regarding the product. Researchers also used questionnaire because it was simple, and it was the fastest way to gathered information plus it is more convenient. This questionnaire consists of two parts, the first part was to collect demographic data about the respondent and the second part is asking about how the respondent act towards our product. A Likert scale widely has been used in this research methodology. This scale is a five-point scale which has allow the individual to express how much agree or disagree with statement. A closed ended question using five scale point which range from 1 to 5 with strongly disagree to strongly agree is used. Aside from using Likert scale, researchers also use close ended question. Data collection instruments refer to devices used to collect data such as questionnaires,

tests, structured interview schedules and checklists (Seaman, 1991). The questionnaire consisted of four broad areas designed to achieve purpose of the study. Section A included demographic information of respondent. The next section, Section B included items assessing on perception toward product of P3 Travel Kit. In section C, the item was assessing the satisfaction of P3 Travel Kit product.

#### 4.0 Data Analysis and Findings

A total of one hundred and thirty-two (132) survey questionnaire was distributed, eleven (11) were eliminated due to incompleteness and disqualified and only a total of one hundred and twenty-one (121) set of questionnaires met the screening requirements. The results of the data collection and the statistical methods applied are presented, analysed, and interpreted. Referring to Table 1, Mostly the questionnaire is highly answered by female which consist of (65) of respondent and only (56) number of males responded towards the questionnaire. Next, majority of respondent age is coming from age of 18-25. For section b, it shows that, most of respondent agree with the perception of P3 Travel Kit. In the results, (54) of respondents agree with the height of the P3 Travel Kit, (54) of respondents agreed with material of P3 Travel Kit. For visual of P3 Travel Kit product (50) of respondents agree with the product and 51 respondents mostly agree with the weight of the P3 Travel Kit product. In terms of satisfaction of using P3 Travel Kit product as tourism product, (61) respondent agree with the product. Next, 55 of respondent agreed to buy the P3 Travel Kit product. A part of that, most of participant agreed that P3 Travel Kit product can be Sarawak future tourism product. Next, most of respondent agreed that P3 Travel Kit product can be sell at any market. Lastly, 94 respondents agreed that P3 Travel Kit product is reasonable to sell.

**Table 1**  
**Demographic Profile of the respondents (n=121)**

Demographic Profile	Categories	Frequencies	Percentage (%)
Gender	Male	56	46.3%
	Female	65	53.7%
Age	18-25	116	95.9%
	26-32	3	2.5%
	33-39	2	1.7%
Occupation	Student	101	83.5%
	Employed	12	9.9%
	Unemployed	6	5%
	Self-employed	2	1.7%
Race	Malay	60	72.6%
	Iban	40	48.4%
	Bidayuh	21	25.4%

**Table 2.0**  
**Perception towards product of P3 Travel Kit**

NO.	SCALE ITEMS	N	MEAN (M)
1.	Do you agree with the height of P3 Travel Kit product?	121	4.05
2.	How do you agree with the material of P3 Travel Kit product?	121	4.04
3.	Do you agree the design of P3 Travel Kit product?	121	4.07
4.	How do you agree with the visual of P3 Travel Kit product?	121	4.00
5.	The weight of P3 Travel Kit product is acceptable.	121	4.16
6.	Do you agree with the size of P3 Travel Kit product?	121	4.10

According on Table 2.0, there are 5 items that being asked on the perception towards P3 Travel Kit. It shows that most of the respondent agreed with the weight of P3 Travel Kit Product. Next, the lowest attribute is with the visual of P3 Travel Kit Product referring to mean score interpretation table by Jamil (2002).

**Table 3.0**  
**P3 Travel Kit Product**

NO.	SCALE ITEMS	N	MEAN (M)
1.	P3 Travel Kit product is easy to use.	121	3.80
2.	I think P3 Travel Kit product can create awareness among student and local community to produce product from waste material.	121	3.70
3.	How are you satisfied with P3 Travel Kit product?	121	4.07
4.	<b>Will you buy P3 Travel Kit product?</b>	<b>121</b>	<b>4.17</b>
5.	Will you recommend P3 Travel Kit product to a friend or family?	121	3.94
6.	Can P3 Travel Kit product be Sarawak future tourism product?	121	4.14
7.	Can P3 Travel Kit product be sold at any market?	121	4.04
8.	Is P3 Travel Kit product reasonable?	121	4.07

According to Table 3.0 above, the respondent' perspective of P3 Travel Kit Product As per the said in the table, the high attribute goes to respondent want to buy the prdouct while the lowest attribute is P3 Travel Kit Product ccreate awareness among student and local community referring to mean score interpretation table by Jamil (2002).



## **5.0 DISCUSSION**

From what the researchers have study the most is that the respondents agree with the P3 Travel Kit product and the researchers have a positive feedback from the respondents based on the questionnaire that the researchers distributed. The objectives of the research are answered, and the feedback of the product given is good. Based on research objective that been made, it shows that after the data of questionnaires has been analysed, researchers found that, the probability of marketing product from P3 Travel Kit is high and community accept tourism product from P3 Travel Kit. The product can be distributed and marketed in the tourism industry and as well as generating a new income for the local community, government, and the country.

## **5.1 CONCLUSION**

As a result of the project that has been done in this study, it can be concluded that P3 travel kit has achieved the objective of the study which is to decrease the use of steel for food utensils product. In addition, the benefits of this product can also be and easy to carry anywhere as the P3 Travel Kit is small and light. Researchers can deduce several things in this chapter, such as that this product can be marketed since it is highly environmentally friendly, as it is a green substance that will not harm the environment because the material used can readily degrade into the soil. Furthermore, the use of waste materials or green products is better than the use of iron, steel or other chemicals such as plastic which are less environmentally friendly and not easy to decompose.

The researchers also came to the conclusion that this product is capable of making every consumer aware of the importance of recycling. This is due to the fact that many users in today's globalized world do not follow 3R guidelines. The use of waste or green products will reduce the frequent pollution in an area as studied by researchers in chapter 2 previously.

Not only that, but the researchers concluded that the material manufactured from bamboo can endure since the bamboo utilized has a relatively long endurance and can be further enhanced by being coated with shellac to strengthen the bamboo's resistance to shrinking. The sort of bamboo chosen and used to make the product determines how long it will last. However, the end product will have its own benefits and will not harm or endanger the environment.

Aside from that, the products made are highly suitable for usage by anyone, particularly travelers who travel alone to a destination. This is because it will undoubtedly assist every person that requires it. It can be used by lecturers, students, and even outsiders when they go out, especially on picnics. This product will undoubtedly assist them and have a great impact on them.



The end result of the look at on P3 Travel Kit is, researchers have said that every product or any material made or made from inexperienced products can have an amazing impact where the inexperienced -primarily based totally products are able position to attend to the surroundings nicely and it is much less polluting. It is apparent that every material produced is long lasting and it may additionally be equal to different substances including iron and steel.

Finally, numerous substances or products may be made from the bamboo however it could be hardly ever produced or observed due to the fact the processing is much less appropriate and now no longer like different substances. Not to overlook additionally that, the products produced can cool the hearts and eyes of consumers.

### **5.3 SUGGESTION**

The result of the study and considering the conclusion above, the researcher would like to propose some suggestions, which hopefully will be useful for lecturers, students and other researcher about this project. For this project, the other researcher can be use all the information and add more on their own to upgraded the product to be better. For the inside, the other researcher should add another item such as fork, floss and toothpick. Besides that, for the coconut bowl, the next researcher should refine it and make the shape more beautiful. And for the spoon, it up to the next researcher to use either wood, bamboo or other green materials. For the box, the next researcher should be more detailed about the decoration to make the box neater and more beautiful.

### **5.4 LIMITATION PROJECT**

Based on the project analysis, for this project, the researcher stated that the constraint faced was the cost of making the project. This is because the cost to making the product is quite expensive and the items need to find outside from the researcher area. The source of materials used is difficult to obtain as the area in which the researcher to make the project is a remote area and it is difficult to obtain many materials and tools. This also causes the researcher to require a relatively high cost to purchase all the equipment to make the P3 Travel Kit project.

Another constraint faced by the researcher is the process of data search and literature review. this is due to the lack of reference material relevant to the study. Due to that, the researcher has taken a long time in finding reference material that is appropriate to the topic of study. Apart from that, the researcher also faced time constraints to make this project. this is because, due to the covid-19 problem which has become endemic and has limited access to public.

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